

# Kale

## Red Russian

### Plant Seeds Outdoors:

APR	MAY	JUN	JUL	AUG	SEP

### Ready to Harvest:

- 25 days leaf
- 50 days seed

This heirloom kale has sweet, tender young leaves that work great in salad mixes. Very pretty in the ornamental kitchen garden. Cold-tolerant and disease-resistant. Harvest outer leaves first.

**5**  
SEEDS PER  
PACKET



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## How to Grow Kale



**SUNLIGHT**  
Full sun  
(6+ hours)



**DAYS TO GERMINATION**  
10-14 days



**PLANTING DEPTH**  
0.6 cm  
(1/4")



**SEED SPACING**  
1.3 cm  
(1/2")



**PLANT SPACING**  
30 cm  
(12")



**ROW SPACING**  
60 cm  
(24")

### COMPANION PLANTS

Dill, sage. Avoid eggplant, peppers, tomatoes.

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