

Spinach

Popeye

Plant Seeds Outdoors:

APR	MAY	JUN	JUL	AUG	SEP
—	—	—		—	—

Ready to Harvest:

- 25 days baby leaf
- 50 days full size

This productive spinach is an example of how seed farmers are working together to improve open pollinated varieties. The Oregon-based organic seed company, Siskiyou Seeds, spent years developing this genetically diverse spinach.

10
SEEDS PER
PACKET



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How to Grow Spinach



SUNLIGHT
Full sun
(6+ hours)



DAYS TO GERMINATION
7-21 days



PLANTING DEPTH
1.3 cm
(1/2")



SEED SPACING
2.5 cm
(1")



PLANT SPACING
10 cm
(4")



ROW SPACING
45 cm
(18")

COMPANION PLANTS

Peas, radishes, eggplant, lettuce, kale, cabbage. **Avoid** potatoes.

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